

YOU'RE INVITED free training

ALTERNATIVE SENIOR CARE PRESENTS

UNDERSTANDING MENTAL HEALTH OF CLIENTS AND THE WELL-BEING OF CAREGIVERS

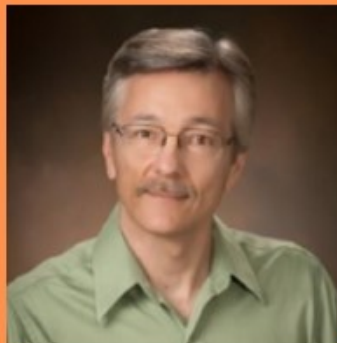


BETHANY
ON THE LAKE

FRIDAY, NOVEMBER 22

1PM - 5PM LOCATED AT

BETHANY ON THE LAKE CHAPEL
1020 LARK ST.
ALEXANDRIA, MN



SPEAKER: GEORGE DUBIE

George is a husband and father of four children. He is a practicing psychologist and CEO of Greater Minnesota Family Services who serve at-risk children and their families throughout Minnesota.

TOPICS COVERED

- Understanding common signs of mental health challenges
- Depression | Anxiety | Childhood Difficulties | Substance Abuse | +More
- Supporting the mental well-being of the provider/caregiver

Beverages and light snacks provided

WHO SHOULD ATTEND

- Family members concerned about the welfare of their loved ones
- Professional and front line staff who work with older adults

REGISTER AT

<https://TrainingMentalHealth.Eventbrite.com>

